

# Institute of National Remembrance

<https://eng.ipn.gov.pl/en/news/4296,I-was-born-in-Poland.html>

30.03.2026, 18:10

01.07.2020

---

## I was born in Poland

We're going back to our roots, returning to the idea: the IPN's spot presents the community, the Poles who said "NO" to communism in the 1980s, ordinary people who opposed the communist system. We did it because we were together. It was born in Poland in 1980.

The spot is also available in French and Russian language versions (settings).

---

## Opcje strony

- [Print this page](#)
- [Generate PDF of this page](#)
- [Notify about this page](#)

- Share this article

[Share on Facebook](#)

[Share on Twitter](#)